

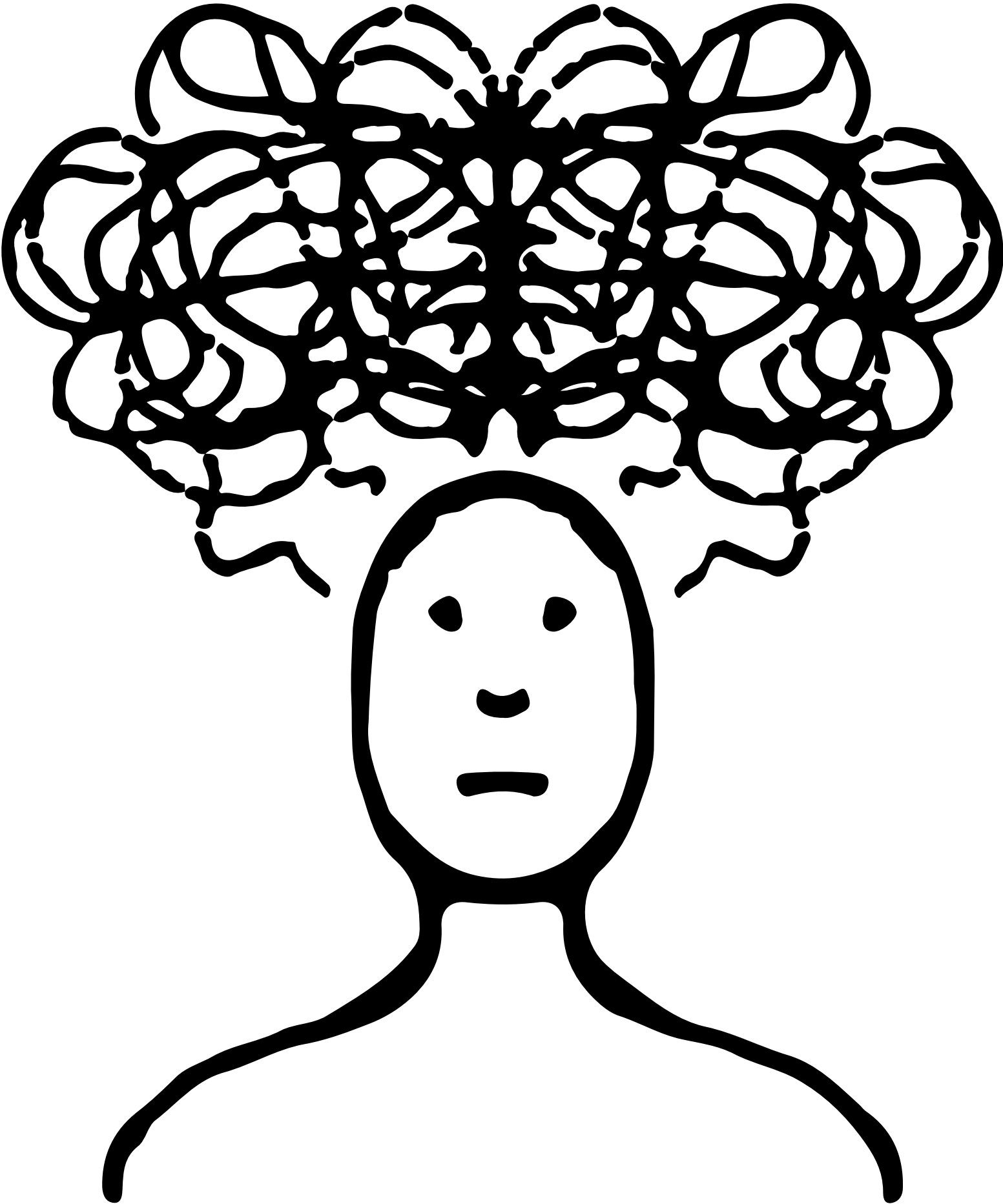


**Indigo**

**Developing a talking therapy for fear of relapse - the INDIGO study**

# Plan

- **Background.**
- **This project.**
- **Patient & Public Involvement**





**Fear of Relapse**

# Fear of Symptoms

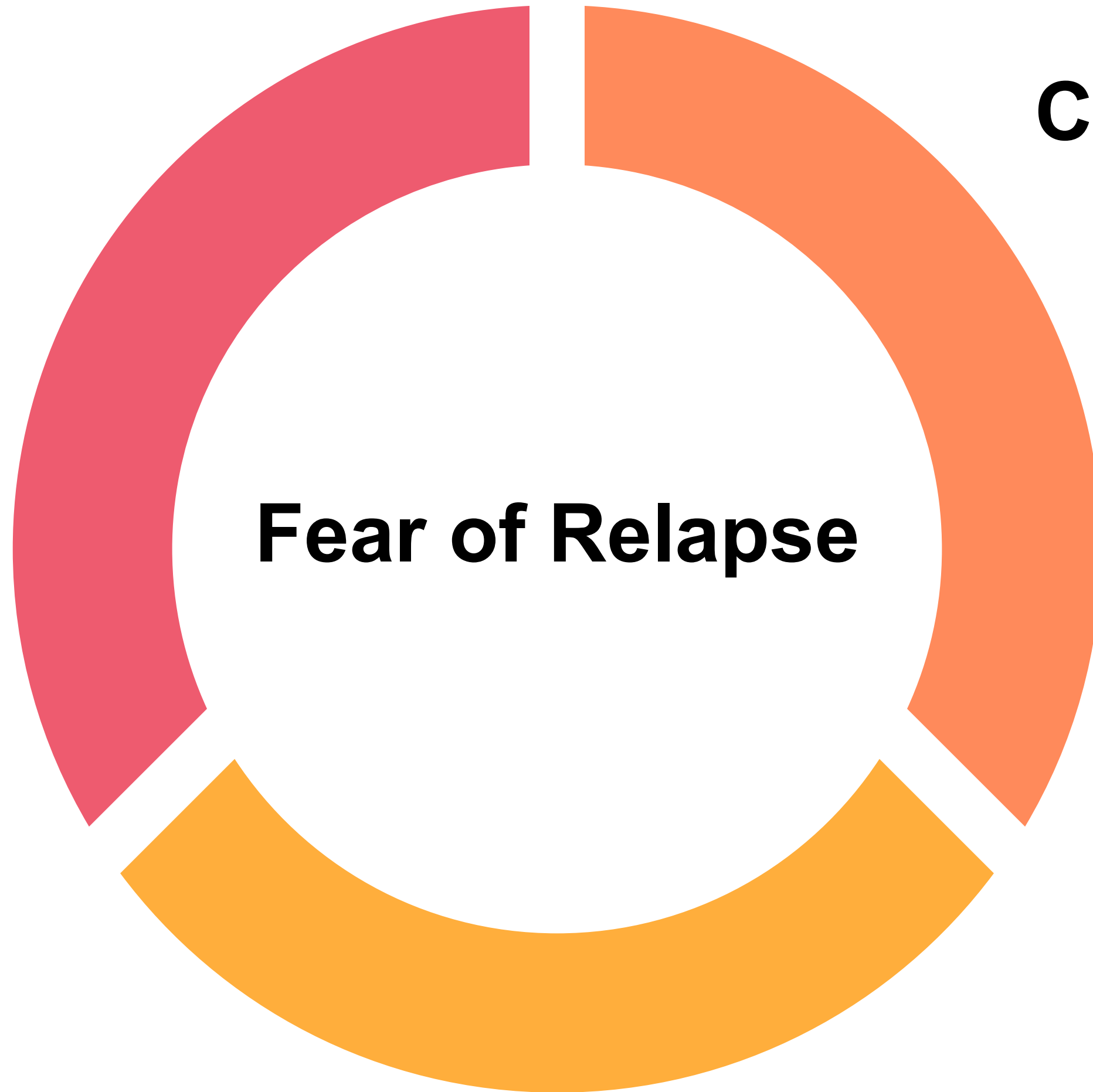


**Fear of Relapse**

# Fear of Symptoms



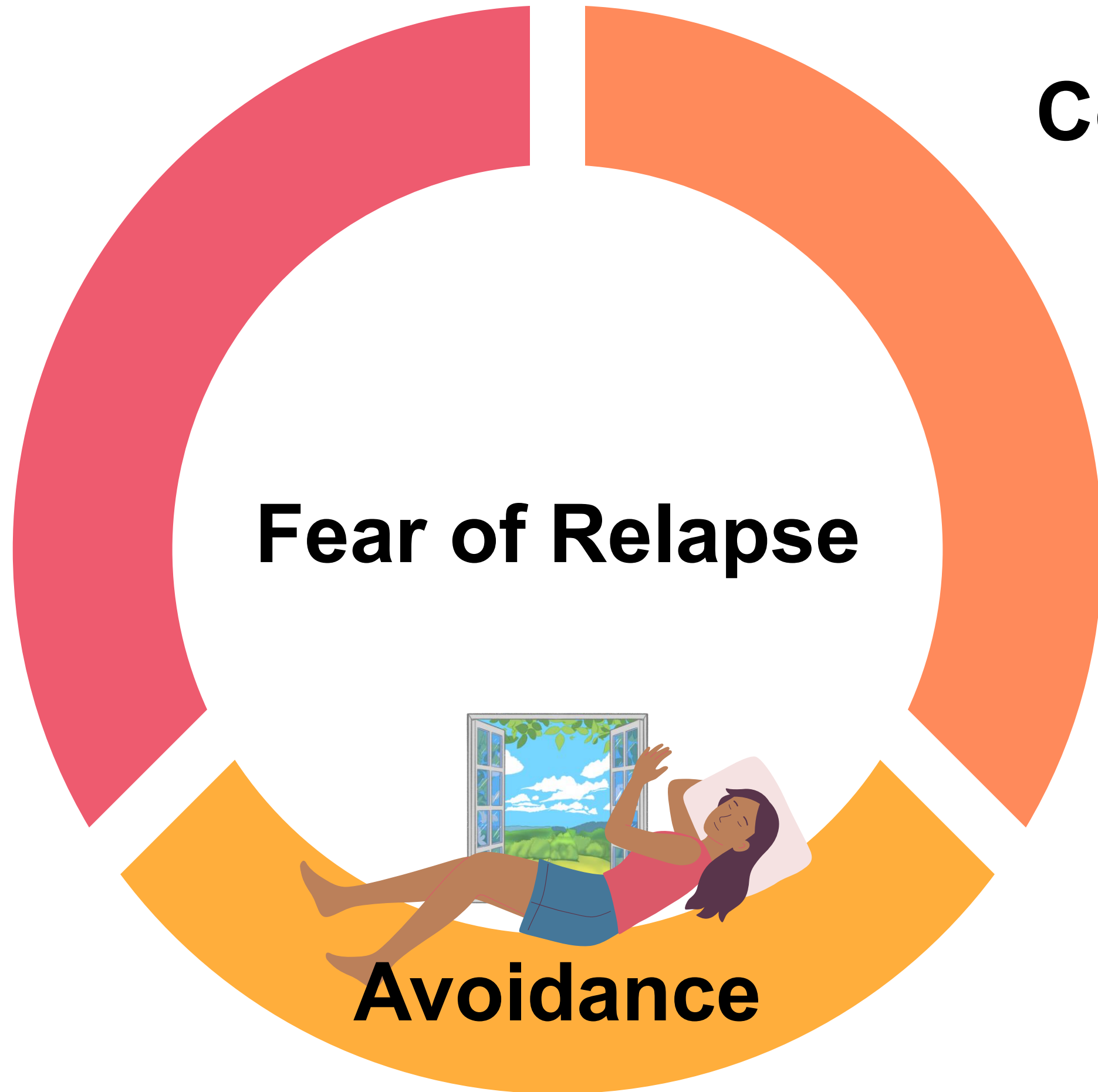
# Fear of Consequences



**Fear of Relapse**

**Fear of  
Symptoms**

**Fear of  
Consequences**



**Avoidance**



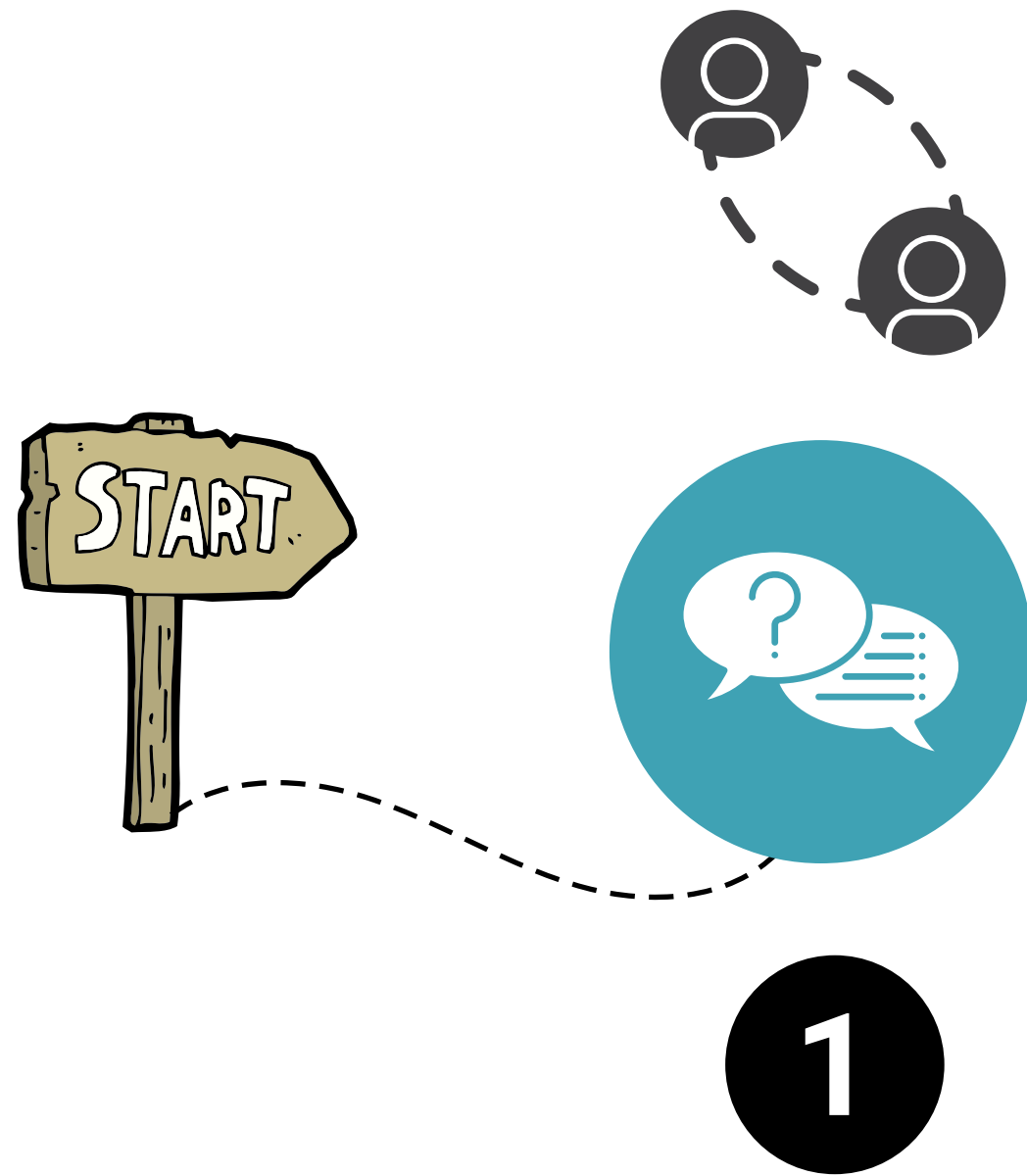




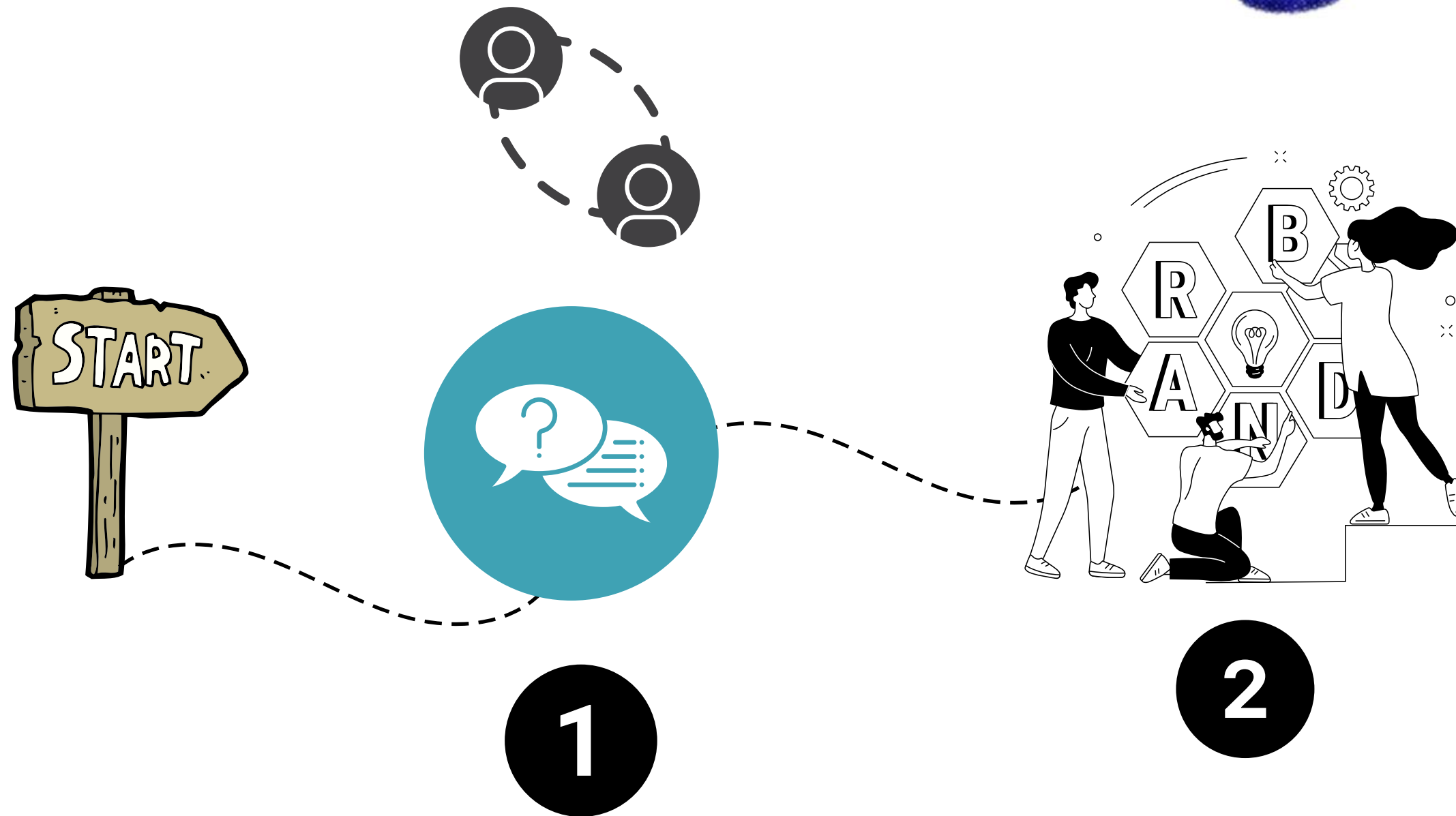
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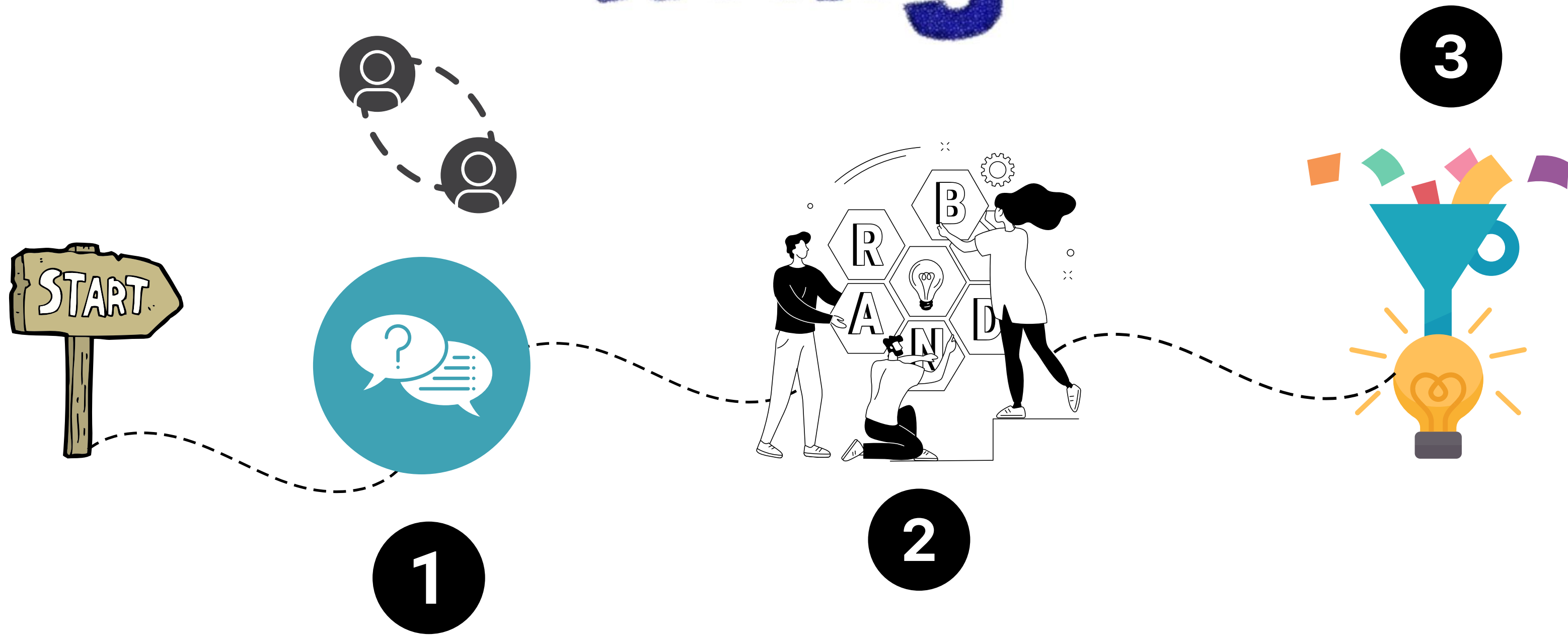
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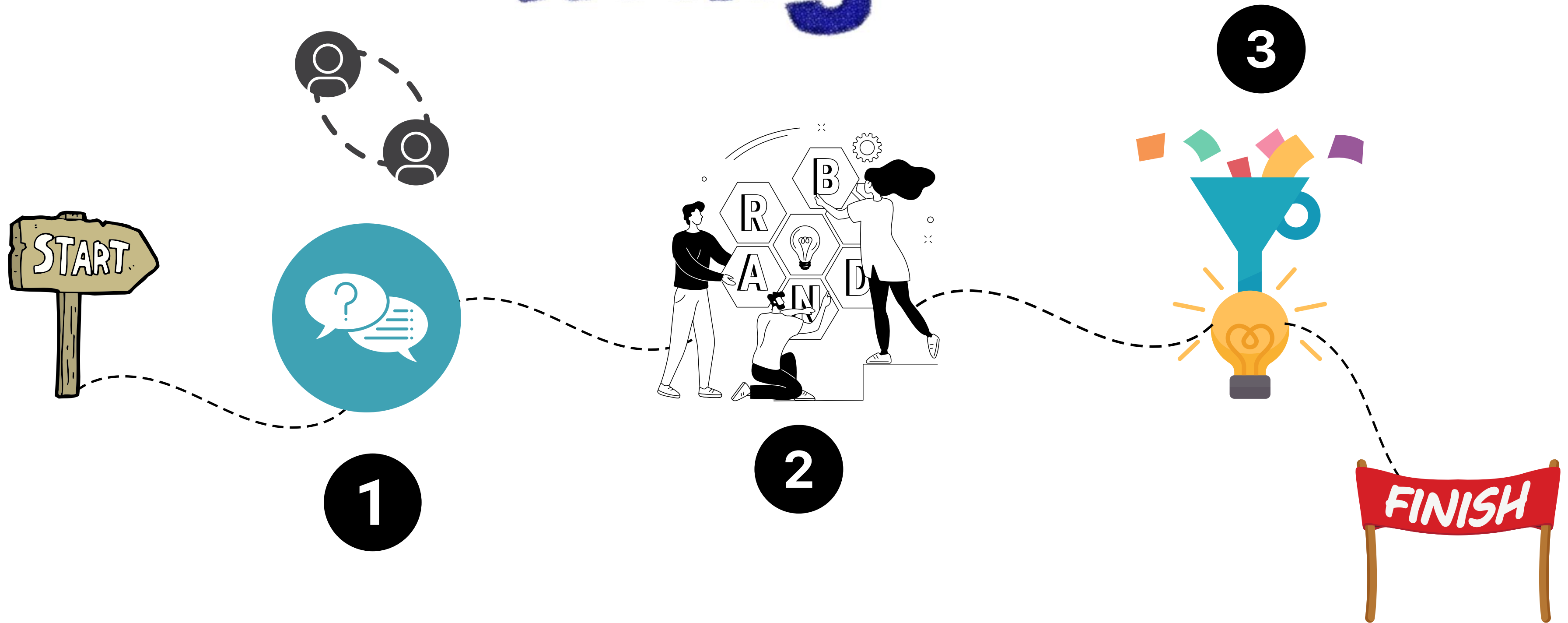
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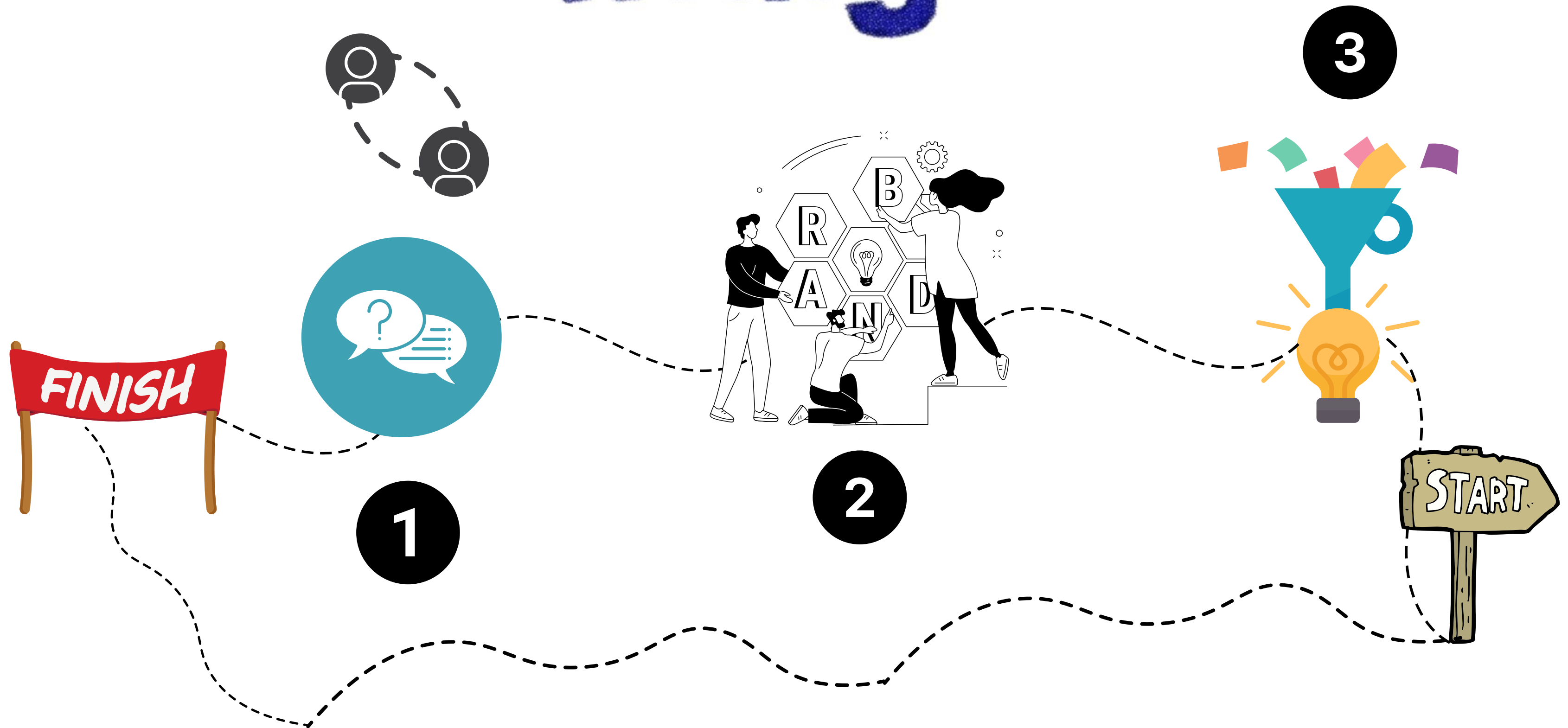
# Indigo



# Indigo



# Indigo



**Thank you.**